



CROSS ISLAND FARMS

44301 Cross Island Rd., Wellesley Island NY 13624

www.crossislandfarms.com organic@crossislandfarms.com

(315) 482-FOOD (3663)

CERTIFIED ORGANIC VEGETABLE PLANTS

VEGETABLE PLANT DESCRIPTIONS

FROST-SENSATIVE VEGETABLES

TOMATOES

HYBRID SLICING TOMATOES: sold in mixes and some individually or in 4-packs

Big Boy: 78 days, indeterminate hybrid: Large, deep red slicing tomatoes, some up to 2 pounds

Early Girl: 60 days indeterminate hybrid: 6-7 ounce bright red slicer with good disease resistance – sold individually, in 4-packs and mixes

Illini Star: 65 days, indeterminate: Early, heavy crops of 6-8 ounce deep red fruits with excellent flavor and strong disease resistance. Great choice for home gardeners

Jubilee: 80 days, indeterminate hybrid: Uniform yellow 8 ounce fruits with long shelf-life and great, nonacid taste

HEIRLOOM SLICERS: sold in mixes and some in 4-packs

Japanese Black: 85 days, indeterminate heirloom: Heavy producer of pear-shaped 3-5 ounce fruits ranging in color from intense black to dark gray blushed with magenta. Good slicer and canner with complex flavor.

Black Krim: 80 days, indeterminate: 12 to 18 ounce fruits, harvest when half green and still firm. Iridescent purple on the outside, part black on inside, have a juicy yet meaty taste and texture. Hail from Krymsk on the Black Sea.

Brandywine: 72 days, indeterminate: $\frac{3}{4}$ to 1 pound fruits, deep red with orange undertone, very tasty and fragile

Peron Sprayless: Argentinean heirloom – Large, defect-free and disease resistant light red slicers

Pruden's Purple: 72 days, indeterminate: Irregular pink 1 pound fruits with great flavor

Cherokee Purple: 85 days, indeterminate: Tennessee heirloom, reportedly of Cherokee Indian origin, large 10-12 ounce fruits with ridged shoulders ripen to a unique dark, dusky pink/purple, the color carries through to the flesh



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Rose de Berne: 80 days indeterminate: French heirloom, 5 ounce perfectly round pink very sweet fruits

Mortgage Lifter: 83 days indeterminate: Large, slightly flattened, red tomatoes are meaty and flavorful with few seeds and can reach just under a pound. Very productive vines.

Rutgers: 75 days indeterminate: Outstanding slicing, cooking, and canning tomato with 5-8 ounce unblemished fruits with deep red interiors, pleasing texture, and great old-time flavor

Black Prince 75 days, indeterminate heirloom: Iridescent 5 to 7 ounce uniform and handsome garnet colored globe-shaped fruits with flavor similar to Black Krim

CHERRY TOMATOES: some sold individually and in 4-packs and mixes

Sweetie: 70-75 days indeterminate: Tall vines provide bountiful harvest of small round sweet tomatoes great in salads or served on toothpicks for appetizers

Fox Cherry: 80-90 days, indeterminate: Prolific vines bear large, red cherry tomatoes with rich, full-bodies, mildly acidic flavor

Sungold: 57 days indeterminate hybrid: Small sweet fruits born in prolific clusters ripen very early to a rich apricot color

SLICING AND CHERRY TOMATO COMBOS: sold in 4-packs

“Early Girl/Cherry Mix”: At least one each of: Early Girl, Fox Cherry and Sungold cherry

“Heirloom Slicers” includes at least three of Brandywine, Pruden’s Purple and Rose de Berne, Peron Sprayless

“All Red Heirlooms”: At least one each of Rutgers, Peron Sprayless, Mortgage Lifter

“Purple/Black Heirloom Mix”: Cherokee Purple (2), Japanese Black, and Black Krim

“Yellow & Black Mix”: Jubilee (2) and Black Prince and/or Japanese Black

“Mystery Heirloom Mix”: Any combination of Brandywine, Peron Sprayless, Rutgers, Rose de Berne, and Mortgage Lifter

“Purple/Gold Mix”: 2 purple Tomatillos and 2 Sungold cherry tomatoes

PASTE TOMATOES: some sold in 4-packs



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Yellow Bell: 60 days heirloom – 1 ½ inch wide x 3 inch long fruits, ripen from green to creamy yellow to yellow, great for slicing or canning

Striped Roma: 80 days, indeterminate: Gorgeous orange and red striped 7 ounce fruits with great dense flavor fresh or canned

Roma VF: 75 days determinate: Very popular pear-shaped, highly productive, disease resistant red paste

Bellstar: 74 days determinate: 4 ounce round paste-type good for salads and canning

Amish Paste: 85 days, indeterminate: Wisconsin heirloom from Amish farmers about 1900. Fruits up to 8 ounces, bright red, heart-shaped, great flavor, good in drought and wet conditions, needs room and light.

Illini Gold: 75 days, indeterminate: 4 to 6 ounce yellow/orange fruit attractive in salads and makes a rich, sweet, golden sauce.

Black Plum: 70-80 days, indeterminate: This Russian heirloom is a prolific producer of 2 ounce elongated deep mahogany-brown fruit with a touch of green on the stem end. Rich, complex, full-bodied flavor

PASTE TOMATO COMBOS: sold in 4-packs

“4-Color Paste”: One each of Illini Gold, Striped Roma, Yellow Bell, and Bellstar

“Red & Yellow Paste”: One each of Illini Gold, Yellow Bell, Roma VF and Amish Paste

TOMATILLOS: sold in individual cups and one mix

Verde Puebla: 77 days – Harvest golf-ball sized green fruits for salsa verde when their paper husks split or wait until they turn slightly yellow for a tangy, nutty raw snack

Purple de Milpa: 70-90 days, deep purple 2 to 3 ounce fruits make delicious raw eating, tangy salsas, and a decorative garnish.

PEPPERS

BELL PEPPERS: sold in 4-color combo and some 4-packs

Purple Beauty: 70-80 days – ready to pick when fruits turn a stunning deep purple with green undertone



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California Wonder: 75 days – mature from green to red – 4 inch by 4 ½ inch

Golden Cal. Wonder: 72 days – matures from green to gold – 4 to 5 inches long

Yellow Belle: 65 days (yellow - yellow/orange - crimson red) very reliable and heavily productive

Cal Wonder Orange Bell: 60-80 days, beautiful glossy orange bell peppers 3 ½” x 4”, turn orange at 80 days

Kevin’s Early Orange: 70-80 days, large, bulky bells with thick walls, turns from green to orange allegedly 2 weeks earlier than Orange Bells.

Early Red Sweet: 70 days: Delicate thin-walled medium-small bell-type. Turns red long before other bell peppers.

BELL PEPPER COMBO: sold in 4-packs

“4-Color Bell”: one each of green, purple, yellow and orange bell peppers

SWEET PEPPERS for eating fresh, canning, frying: some sold in 4-packs

Antohi – 65 days – Heirloom from Romania – 4 inch long x 2 inch tapering fruit matures from golden yellow to red. Very early and productive

Corno di Toro – 80 days – 8 to 10 inch long thick, bull’s-horn shaped ripens to gorgeous red with great flavor

Corno di Capra (goat horn): 80 days - Sweet frying pepper from southern Italy. Very sweet bright red, very productive 4-5” long fruits.

Sweet Banana: 70 days - 3 to 6 inch long pointed fruit ripen from light yellow to bright red – good for frying or pickling

Super Shepherd: 66 days: Early Italian heirloom 3 inches wide by 7 inches long matures from green to red-brown to red – good for fresh eating, frying, pickling Very productive

Chocolate Sweet: 80 days - 6 to 8 inch hybrid fruits turn from green to brown. Flesh is burgundy-red and great tasting. Many peppers per plant



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Jimmy Nardello: 76 days - Italian heirloom, 8 inch long frying peppers turn deep red with shiny wrinkled skin when ripe - very sweet – good for drying

SWEET PEPPER COMBOS: sold in 4-packs

“Small Frying Mix”: At least 3 of Jimmy Nardello, Sweet Banana, Antohi and Corno Di Capra

“Large Frying Mix”: At least one each of Corno Di Toro, Chocolate Sweet and Super Shepherd

HOT and SPICE PEPPERS – sold in mix, some in 4-packs or individually

Chinese 5-Color: 70 – 90 days – turn from purple to creamy yellow to yellow to orange to red. Highly ornamental with lovely lavender flowers, purple-veined leaves and 5/8 inch wide x 1 ½ inch long fruits. Hot, fiery flavor – large plants sold individually in pots

Jalapeno: 72 days – small, thick-walled classic salsa chili peppers, turn from green to red. Many peppers per plant

Cayenne: 72 days, heirloom - 5 to 6 inch long, ½ inch wide tapered to point, dark red. Good fresh or dried. Hot. right

Hungarian Wax: 60 days – long, banana-shaped, 1 ½ inch wide by 6-7 inches long, turn from pale green to yellow to crimson red. Medium Hot, known as “half-hots”

Hungarian Paprika: 70 days, Hungarian heirloom: An abundance of 1” x 5” fruits turn from green to dark red. Sweet, very dry flesh is ideal for drying. Grind dried fruits for a superb paprika seasoning

Pablano: 90-110 days: Mildly hot 4”-6” fruits widely used for chili rellenos and mole. Dark green turns red when ripe.

Annaheim: 85-95: Mildly hot 1 ½” x 8” green fruits popular for roasting, frying and stuffing

HOT PEPPER COMBO: sold in 4-pack

“Hot Mix”: one each of Cayenne, Jalapeno, Chinese 5-color and either Hungarian Paprika, Annaheim or Pablano

EGGPLANT

EGGPLANT – sold in mix and some in 4-packs

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2010 VEGETABLE PLANT DESCRIPTIONS

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Rosita: 84 days – Puerto Rican heirloom; pear-shaped pink/lavender fruits with white shoulders 6 to 8 inches long and 4 to 6 inches wide. Very sweet.

Ping Tung Long: 60 days, originally from Taiwan: long, slender, light purple fruits have every few seeds and great flavor

Swallow Hybrid: 51 days 1 ¾ inch by 7 inch purple-black very early fruits

Early Black Egg: 65 days: An early Japanese variety with small, tender, egg-shaped fruits about 5” long with fine flavor. Does well in cool, short season areas

Rosa Bianca: 84 days - Italian heirloom 3-4” across and 5” long , white with lavender streaking, indented in folds like draped fabric, 2 pounds average weight, creamy, pudding-like consistency

Listada de Gandia: 75 days, French Heirloom: Egg-shaped 5”-6” fruits purple with irregular white stripes. Thin skin does not need to be peeled for cooking

EGGPLANT COMBO: sold in 4-pack

“Eggplant Mix”: At least one each of Swallow Hybrid, Early Black Egg, Listada de Gandia

BASIL: sold with one to several plants in 8 ounce cup

Genovese: Classic Italian basil, 14-20” tall plants, very frost sensitive

Greek: Classic Greek basil, 6-9” plants, tiny leaves, very frost sensitive

FROST TOLERANT VEGETABLES

LETTUCE: A variety of Romaine and Bibb lettuces sold in 4-packs

LEEKS: sold in 4-packs with 16 to 20 leeks in each

Bleu de Solaize: 110 days, French heirloom: Dark green leaves develop a tinge of blue. Hardy, fat, medium-long shanks with mild flavor. Dates back to 19th century. Winters over well with mulch.



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CABBAGE: sold in 4-packs

Red Acre: 76 days, produces round, reddish-purple 5-7" heads

BROCCOLI: sold in 4-packs

Tendergreen: 67 days, 6-7" blue-green heads, no side shoots

Diplomat: 90 days, large, up to 10" blue-green heads

BRUSSELS SPROUTS: sold in 4-packs

Gustus: 99 days, hybrid: Medium-sized slightly oval, uniform bulbs with good flavor

CAULIFLOWER: sold in 4-packs

Violetto: 70-80 days, seeds from Italy: Compact, medium-sized purple head with lots of side-shoots after main head cut

Violet Queen: 80 days, hybrid: About half way between broccoli and cauliflower, each plant sets one purple head. Turns light green when blanched. No side-shoots

KALE: sold in 4-packs

Red and White Russian: 45 days, Russian heirloom kales that get sweeter with frost. White is extremely hardy

Winterbor, Premier, Vates: 60 days, broad-leafed kales, very cold-hardy, get sweeter with frosts

CHARD: sold in 4-packs with multiple plants: Red, yellow, orange, and white-stemmed: Separate seedlings and plant 6"-8" apart. To harvest, cut all leaves above growing tip. Plant will re-grow several times in season.



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POTATOES: (seed potatoes) Banana and French fingerlings, Yellow Finn

GARLIC: (bulbs) mixed assortment

HERBS: sold in individual pots or cups

CHIVES: Perennial herb. Separate clumps every 3rd year. Can freeze, dry, or use fresh. Flowers are edible – sold in pots containing one clump

PARSLEY: Biannual herb. Flat and curly-leafed varieties. May over-winter if mulched. Sold in cups containing one plant

TARRAGON, SAGE, THYME, LAVENDER: sold in cups with one or more plants

PERENNIAL FLOWERS

DIANTHUS, COREOPSIS, DELPHINIUM, sold in cups with one or more plants